MS State Board of Nursing Home Administrators 5-Year Strategic Plan, FY 2020 – FY 2024

1. Our Mission

The mission of the MS State Board of Nursing Home Administrators is to educate, license, regulate and evaluate the competency of the Administrators of Mississippi licensed nursing home facilities who provide for the health, safety, welfare and quality of care for persons residing in long-term care facilities as mandated by federal law.

2. Our Philosophy

The MS State Board of Nursing Home Administrators is committed to the continued safeguard of the welfare of Mississippi's nursing home residents. The philosophy of the Board is to adhere to the highest professional standards, to indiscriminately enforce regulation and demonstrate respect for the residents through the Board's oversight of the nursing home administrators.

3. Relevant Statewide Goals and Benchmarks

Statewide Goal #1.: To protect Mississippians from risks to public health and to provide them with the health-related information and access to quality healthcare necessary to increase the length and quality of their lives.

Relevant Benchmarks #1: Access to Care

- Number of health professional shortage areas
- Preventable hospitalizations (discharge rate among the Medicare population for diagnoses amenable to non-hospital-based care)
- Percentage of population lacking access to mental health care
- Percentage of population lacking access to community-based mental health care
- Number of individuals on waiting list for home-and community-based services

Relevant Benchmarks #2: *Communicable Disease*

- Tuberculosis care rate per 100,000 per year
- Vaccine preventable communicable diseases
- Facility acquired infection rate
- Incidence of food-borne illness (salmonella)

Relevant Benchmarks #3: Non-Communicable Disease

- Rate of complications among diabetes patients
- Percentage of adults who are obese

- Adult compliance with recommended levels of aerobic physical activity
- Adult compliance with consumption of recommended daily portions of fruits and vegetables
- Asthma hospitalization rate
- Number of deaths due to drug injury of any intent
- Prescription drug abuse deaths
- Age-adjusted death rate

Statewide Goal #2.: To ensure that Mississippians are able to develop to their full potential by having their basic needs met, including the need for adequate food and shelter and a healthy, stable, and nurturing family environment or a competent and caring system of social support.

Relevant Benchmarks #1: Social Indicators

• Rate of homelessness

- Relevant Benchmarks #2: Protective Services
 - Substantiated incidence of abuse of vulnerable adults

Relevant Benchmarks #3: Food Assistance

• Percentage of households with food insecurity

Statewide Goal #3.: To create an efficient government and an informed and engaged citizenry that helps to address social problems through the payment of taxes, the election of capable leaders at all levels of government, and participation in charitable organizations through contributions and volunteerism.

Relevant Benchmarks #1: Cost of Government

• Number of government employees per 10,000 population

Relevant Benchmarks #2.: Government Efficiency

- Administrative efficiency
- Average wait time for state government services
- Regulatory efficiency
- Number, average cost and type of regulatory actions taken by regulatory body
- State dollars saved by providing government services online
- Percentage of state employees leaving state service within five years of employment

4. Overview of the Agency 5-Year Strategic Plan:

The Mississippi State Board of Nursing Home Administrators has targeted three priorities for the next five years. First, the Board plans to continue to offer enhanced communication and licensing options through the online database of state licensed Administrators. This past fiscal year, the Board enacted a policy to require its administrators to complete the renewal application online through the secure database. The administrators had the option of paying for their license fees online or pay the license fees through snail mail by check or money order. The

administrators were/are encouraged to make changes to his/her profile, such as facility changes, etc. online. This enhancement will continue to decrease office costs, decrease wait time for Administrators and streamline communication systems. The Board would like to encourage all of its applicants to complete the Administrator-in-Training, Endorsement, and Reinstatement Applications online. This would help streamline the efficiency and speed of the Application process. This will also allow the Board's employees to have time to handle other tasks that the Board requires.

The Board 's second priority is to continue to improve the efficiency and quality of the sixmonth pre-licensure program including the training of both the trainer (Preceptor) and the intern (AIT), the reporting mechanisms, and the examination process. The Board plans to continue to work on updating/revamping the training for both the Preceptor and the AIT. This includes the annual training workshop for the Preceptor and the monthly reporting of the AIT. The Executive Director will continue to update and train the Preceptors through the annual Preceptor Certification Program. Each year the Executive Director sends out surveys to ask for suggestions. New ideas for the annual Preceptor Certification Program are constantly being developed. In addition, the Executive Director will continue to meet with the AITs as a group every six months. The AIT monthly reports are continually being updated.

The third priority will be for the Board to continue to monitor the competency, effectiveness and excellence of the licensed Administrators through monitoring of continuing education, hearing complaints, and renewing licenses. This year at the annual Preceptor Certification Program several Board members presented on Ethics in relation to complaints. This is a greatly needed subject to be discussed and will help with the complaints received concerning its administrators.

The fourth priority is to use current technology to continue to move Board meeting paperwork towards a paperless system by uploading all documents on electronic devices. Last year, the Board purchased iPads for the purpose of moving forward to a paperless system. The Board has held two meetings using the iPads and going paperless. This has been a great improvement and has cut down on the paper used and its expense.

5. Agency's External/Internal Assessment

- 1) Availability of facilities with funds to hire Administrators-in-Training (AITs) impacts the number of applicants and collection of fees.
- 2) Amount of time required to train and supervise AITs impacts the number of trainers (Preceptors)
- 3) Increased propensity of the public to file formal complaints impacts the budget necessary to pay investigative costs
- 4) Increased amount of time required by volunteer Board members impacts the expediency of Board action
- 5) Aging population will increase demand for nursing homes impacting need for qualified licensed Administrators
- 6) Increased number of licensed administrators approaching retirement impacts number of renewals

- 7) Recruitment of new AITs and licensed administrators from other states will impact fee income
- 8) Automated documentation by interactive website will impact personnel productivity
- 9) Potential change in federal requirements may impact the Board's mission and activity
- 10) Actions proposed by state trade organizations may impact the Board's programs and priorities.

The Board meets once a quarter to make decisions on requests, provide direction for the Executive Director, and set forth policies and rules as needed. At these meetings Board members evaluate the progress made toward established goals and objectives and make changes when appropriate.

The Board continues an on-going process of evaluating all aspects of duties and responsibilities under the Board's mandate. This includes staff, standards set forth in the Rules & Regulations, training programs offered by the Board, the intern program and requirements, as well as standards/processes for license renewal.

6. Agency Goals, Objectives, Strategies and Measures by Program

6.1 Agency Goals by Program

Program 1: Licensure & Regulation

GOAL A: Issue licenses to individuals who meet set standards and qualifications (Miss. Code Ann. Section 73-17-9 & 73-17-11)

OBJECTIVE A.1. Develop and impose standards which must be met by individuals in order to receive a license as a nursing home administrator

Outcome: Better qualified nursing home administrators *Outcome*: Change in number of nursing home administrator complaints

A.1.1. STRATEGY: Provide a comprehensive application that requires proof of good moral character and meeting minimum qualifications to serve as nursing home administrators.

Output: Number of applications downloaded from website *Efficiency*: Online access reduces office costs

A.1.2. STRATEGY: Approve each individual based on their completed application. *Output*: Number of applications received *Efficiency*: Cost per application review offset by fee

OBJECTIVE A.2. Devise and implement educational programs to assist individuals in preparing for careers in nursing home administrations

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Outcome: Better qualified nursing home administrators *Outcome*: Change in number of nursing home administrator complaints

A.2.1. STRATEGY: Provide an internship program for training new administrators *Output*: Number of interns enrolled *Efficiency*: Online access reduces office costs

A.2.2. STRATEGY: Monitor and assess the progress of interns throughout the sixmonth training program.

Output: Number of interns enrolled in program *Efficiency*: Cost per monthly report review

A.2.3. STRATEGY: Manage six-month intern (AIT) training program

Output: Executive Director audits monthly reports
Output: Board approving new AIT applications and ratifying preapproved applications each quarter
Output: AITs enter program monthly
Output: Number of AITs participating
Efficiency: Costs of board travel; administration; number of AITs paying program fee
Explanatory: Pre-approval by Executive Director reduces costs and increases number of AITs; Online database reduces administration costs

A.2.4. STRATEGY: Provide training and certification for Preceptors

Output: Annual training program *Output*: Number of Administrators participating *Output*: Number of CEUs issued *Efficiency*: Cost of speaker(s), training materials, facility, administrative *Explanatory*: Costs offset by fee; Costs reduced through online registration and payment

OBJECTIVE A.3. Examine applicants for entry level competency prior to licensing.

Outcome: Better qualified nursing home administrators *Outcome*: Change in number of nursing home administrator complaints

A.3.1. STRATEGY: Administer an examination that individuals must pass before being granted a Mississippi license.

Output: Number of exams administered *Efficiency*: Cost of administering test offset by fee *Efficiency*: Number administered per number of applications; Rate of passage of examinations *Explanatory*: Administration costs offset by fee **A.3.2. STRATEGY**: Update State Exam when necessary to reflect changes in board, federal, or state mandate.

Output: Executive Director reviews annually *Output*: Board reviews and make changes when appropriate *Efficiency*: Costs of board travel, report preparation, education

GOAL B: Regulate and enforce the laws governing licensed nursing home administrators (Miss. Code Ann. Section 73-17-9)

OBJECTIVE B.1. Establish procedures to ensure compliance with standards, laws and rules.

Outcome: Uniform qualifications of nursing home administrators *Outcome*: Change in number of nursing home administrator complaints *Outcome*: Change in number of qualified nursing home administrators

B.1.1. STRATEGY: Propose state statute changes when necessary to reflect changes in board, federal, or state mandate.

Output: Board reviews annually *Output*: Board proposes changes to state statute through legislature *Efficiency*: Costs of legal counsel, board travel, report preparation, legislative education *Explanation*: Amount of time billed by legal counsel based on the number of changes

OBJECTIVE B.2. Regulate and enforce state laws and rules.

Outcome: Uniform qualifications of nursing home administrators *Outcome*: Change in number of nursing home administrator complaints *Outcome*: Change in number of qualified nursing home administrators

B.2.1. STRATEGY: Renew administrators license biannually

Output: Number of renewal applications received *Efficiency:* Online renewal reduces administrative costs *Explanatory*: Costs reduced through online renewal and payment; associated fee offsets

B.2.2. STRATEGY: Track compliance with requirement to keep up to date information regarding current facility and contact information.

Output: Number of changes logged *Efficiency*: Cost per change to enter by staff *Explanatory*: Online updating reduces cost

B.2.3. STRATEGY: Require continuing education credits (CEU) for each renewal cycle

Output: Require 40 CEUs per cycle *Output:* Limit to 10 distance learning *Output:* Limit CEUs to pre-approved hours *Efficiency:* Administrative costs to process and report CEUs

B.2.4. STRATEGY: Keep accurate records of continuing education credits required to maintain license

Output: Log continuing education units in database *Efficiency*: Cost per credit report to enter by staff *Explanatory*: Online reporting reduces cost

B.2.5. STRATEGY: Communicate changes and/or updates to state rules and regulations when necessary

Output: Number of newsletters posted on websiteOutput: Number of direct mail piecesOutput: Number of email notificationsEfficiency: Online dissemination of information reduces costs

OBJECTIVE B.3. Conduct on-going studies to provide effective programs for conducting competency evaluation.

Outcome: Uniform qualifications of nursing home administrators *Outcome*: Change in number of nursing home administrator complaints *Outcome*: Change in number of qualified nursing home administrators

B.3.1. STRATEGY: Develop a survey to be completed by new licensees regarding improvements in application process.

Output: Surveys provided to each intern *Efficiency*: Percentage of returned surveys *Explanation*: Anonymity of source protects professional relationships

B.3.2. STRATEGY: Develop a survey to be completed by the Preceptor regarding improvements in the internship process.

Output: Surveys provided to each Preceptor *Efficiency*: Percentage of returned surveys *Explanation*: Online return reduces time commitment

B.3.3. STRATEGY: Monitor best practices by participation in the national board meetings.

Output: Executive Director attends NAB meetings twice yearly *Efficiency*: Costs of attendance *Explanation*: NAB covers base costs for Executive Director

B.3.4. STRATEGY: Monitor best practices by participation in the state association meetings.

Output: Board members attend state association meetings

Output: Executive Director invited to address participants *Efficiency*: Costs of attendance *Explanation*: Costs covered by facility and association

B.3.5. STRATEGY: Utilize existing education providers for instruction in domains of practice

Output: Number of providers offering CEUs per cycle *Output:* Numbers of "domains of practice" addressed per cycle *Output:* Number of college credit hours approved *Efficiency:* Revenue received from provider approval, individual approval fees

OBJECTIVE B.4. Conduct complaint investigations as appropriate.

Outcome: Uniform qualifications of nursing home administrators *Outcome*: Change in number of nursing home administrator complaints *Outcome*: Change in number of qualified nursing home administrators

B.4.1. STRATEGY: Follow established policy for investigating any charge or complaint against a licensed administrator

Output: Number of complaints registered with the Board *Efficiency*: Cost of investigation of complaint *Explanatory*: Variation in legal fees based on time to investigate the complaint

B.4.2. STRATEGY: Revoke or suspend licenses when it is determined necessary *Output*: Number of complaints investigated by the Board *Output*: Reduction of number of licensed administrators *Efficiency*: Cost of investigation and court costs of action *Explanatory*: Variation in legal fees based on time to investigate the complaint